



Arm and Hand Rehab  
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[www.armandhandrehab.com](http://www.armandhandrehab.com)

### Medical History

Have you had therapy for this problem before? Yes No. If "yes", what type of treatment? \_\_\_\_\_  
 What diagnostic tests have been done? X-Ray\_\_\_ MRI\_\_\_ CT Scan\_\_\_ Bone Scan\_\_\_ EMG\_\_\_ Myelogram\_\_\_  
 Which doctor ordered and reviewed the results? \_\_\_\_\_ Date last seen: \_\_\_\_\_  
 What medications are you currently taking? \_\_\_\_\_  
 Location of your pain and how are you managing it? \_\_\_\_\_

**Pain Scale** of 0 to 10 (0=No pain, 10=Unbearable pain)

Please mark you lowest level of pain and your highest level of pain

0----1----2----3----4----5----6----7----8----9----10

No Distress Take pain pill Unbearable/Agonizing

**Allergies:** Cortisone\_\_\_ Shellfish or Iodine \_\_\_ Other \_\_\_\_\_

Do you have any history of the following conditions? (Circle Yes or No for each item below)

Alzheimer's	Y N	Chest Pain	Y N	Hypoglycemia	Y N
Liver Disease	Y N	Hypertension	Y N	Seizures	Y N
Previous/Active Cancer	Y N	Diabetes	Y N	Stroke: (Date: _____)	Y N
Tuberculosis	Y N	Pacemaker	Y N	Anxiety Disorder	Y N
Lung Disease	Y N	Hepatitis	Y N	Drug/Substance Abuse	Y N
Hemophilla	Y N	Bruise Easily	Y N	Psychiatric Care	Y N
Arthritis	Y N	Hypotension	Y N	Circulatory Disorders	Y N
Cardiac Issues	Y N	Skin Disorder	Y N	Neurological Problems	Y N
Fractures	Y N	Immune System Disorder	Y N	Other: _____	Y N

What is your approximate body weight & height? \_\_\_\_\_ What is your average resting BP? \_\_\_\_\_

Have you ever had any other illness not noted above? \_\_\_\_\_ Any falls in last 3 months? \_\_\_\_\_ How many? \_\_\_\_\_

Have you ever had surgery? \_\_\_\_\_ When and what for? \_\_\_\_\_

**Women only:** Are you currently pregnant or trying to become pregnant? \_\_\_\_\_ How many months? \_\_\_\_\_

Are you currently breast feeding? \_\_\_\_\_ Smoker: Y/N How long: \_\_\_\_\_

The above information provided to my Therapist(s) is true to the best of my knowledge. If under 18 years of age, this must be signed by a parent or guardian, and they must be available during evaluation and treatment. I understand that it is my responsibility to inform the treating staff of any updates only medical status and convey concerns that I might have. I will inform the staff of any needs I have for accommodations. In order to maintain safe environment for the staff and the other patients, please call to reschedule if you have signs and symptoms (ie:fever) of cold/flu or other contagious illness.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Reviewed By: \_\_\_\_\_